



NewsFlash

Registered Charity No: 1082254

The Newsletter of u3a Clitheroe June 2026

Website: <http://u3asites.org.uk/clitheroe>



Join us for our
Summer Lunch at
Longridge Golf
Club

Meet old friends



LONGRIDGE
GOLF CLUB



Make new friends

14th July 2026

All Clitheroe u3a Members Welcome

See inside for details.....

Group Schedule for JUNE

	1	Monday	2pm	Music Appreciation
	2	Tuesday	10am	Singing for Pleasure
	3	Wednesday	2pm	Architecture
	3	Wednesday	10am	Circle Dancing
	4	Thursday	Noon	Lunch with Friends
	4	Thursday	2pm	German
	5	Friday	2pm	Garden
	8	Monday	2pm	Photography
	9	Tuesday	10.15am	Plodders
	10	Wednesday	2pm	Geology
	10	Wednesday	2pm	Scottish Country Dancing
	12	Friday	2pm	Poetry
	14	Thursday	2pm	Discussion
	16	Tuesday	1.30pm	MAIN MEETING
	16	Tuesday	2pm	French conversation
	16	Tuesday	10am	Singing for Pleasure
	17	Wednesday	2pm	Canasta
	17	Wednesday	10am	Science & Scientific Enlightenment
	17	Wednesday	10am	Circle Dancing
	17	Wednesday	2pm	Board Games
	18	Thursday	3pm	Wine appreciation
	22	Monday	10.45am	Strollers
	22	Monday	1.15pm	Play Reading
	23	Tuesday	10am	Genealogy
	23	Tuesday	2pm	Craft
	23	Friday	2pm	Art Appreciation
	24	Wednesday	10am	Bus Pass
	24	Wednesday	1.45pm	History
	25	Thursday	2pm	Book Discussion
	25	Thursday	1pm	Table Tennis
	25	Thursday	7pm	Food & Wine
	26	Friday	10.15am	Trekking into the past
	26	Friday	10.15am	Walking

June Meetings

Activity Group	Date	Time	Group Convenor	Information	How often
Architecture	June 3rd	10 am	Paul Fisher 07874 696374	Meet at The Mosque on the top of Preston New Road, Blackburn. Fully Booked.	1 st Wed
Art Appreciation	June 23rd	2pm	Ann Ward topgm@hotmail.co.uk	Meet at WBVH. Caravaggio by Ann Ward	4 th Tues
Board Games	June 17th	2pm	Lesley Charnley 01200 538476 lwcharnley@gmail.com	Meet at Convenor's Home. 1 Meadowlands, Low Moor, Clitheroe BB7 2ND.	3 rd Wed
Book Discussion	June 25th	2pm	Ann Yates ann.yates01@gmail.com	Meet at Clitheroe Library. Kazuo Ishiguro – <i>The Buried Giant</i> .	4 th Thurs
Canasta	June 17th	2 pm	Christine Snape clitheroechristine@gmail.com	Meet at Christine's home BB7 1EZ. NOTE: Change of date.	Usually 3 rd Tues
Circle Dancing	June 3rd/ 17th	10 am	Sally Maxwell 01772 379926	Meet at Pendleton Village Hall.	1 st /3 rd Wed
Craft	June 23rd	2pm	Sandra Marshall 07968 675419 sandra23marshall@gmail.com	Meet at Sandra's home. 23 Croasdale Drive BB7 1LQ Continuing with Art Work.	4 th Tues
Discussion Group 1 Group 2	June 11th	2pm	Susan Duckworth susanduckworth47@gmail.com John Wilson john.eardswick@yahoo.co.uk	Meet at Whalley Old Grammar School. New to Discussion? Please inform Susan or John if you'd like to join.	2 nd Thurs
Food and Wine	June 25th	7pm	Gill Kilbey 07840 882775	Meet at David and Marie's 2 Pendlebrook, Clitheroe for a BBQ.	4 th Thurs
French Conversation	June 16th	2pm	Ann Connell 07568 172854 shudbtaylor@yahoo.co.uk	Meet at Whalley Old Grammar School, Station Road BB7 9RH.	3 rd Tues
Garden Group	June 5th	2pm	Jenny Grimes jennygrimes46@icloud.com	Meet at The Trinity Hub. Demonstration of making a Corsage by Stephanie Roebuck	1 st Fri
Genealogy	June 23rd	10am	Marianne Wilson mrsmariannewilson@gmail.com	Meet at WBVH. 'Remedes and Deaths c1900' and 'Researching off the beaten track'.	4 th Tues

Group	Date	Time	Group Convenor	Information	How often
Geology	June 10th	2pm	Frank Taylor frankhtaylor@yahoo.co.uk 07952 720778	Meet at WBVH. The Eye of Africa. Vocano news and more Carbs!	2 nd Wed
German Conversation	June 4th	2pm	Denis Cassidy 01254 822345. David Grimes davidgrimes1@mac.com	Meet at the home of David Grimes.	1 st Thurs
History	June 24th	1.45pm	Hazel Best hazelbest@gmail.com 01200 426756	Self drive Towneley Hall visit. Tea and biscuits on arrival. £12.50, Guided tour...	4 th Wed
Lunch with Friends	June 4th	12noon for 12.30pm	Ann Ward topgm@hotmail.co.uk	Meet at The Abbey Suite, Mytton Fold Hotel. BB6 8AB. Fully Booked See Page 13.	1 st Thurs
Music Appreciation	June 1st	2pm	Frank Robinson bb7u3amusic@btinternet.com	Meet at WBVH 'Waltzing without Strauss'. by Margaret Cunliffe.	1 st Mon
Photography	June 8th	2pm	Francis Garner 07477 626772.	Meet at Barrow Village Hall. View our Hebden Bridge Photos.	2 nd Mon
Play Reading	June 22nd	1.15 pm	Kate Hamlin 07732 721963 Helen Coles 07835 920887	Meet at Whalley Grammar School. Doors open 1.15 for 1.30pm.	4 th Mon
Plodders	June 9th	10.15 am	Marjorie Taylor 07716192447 marjorietaylor@hotmail.co.uk	Meet at The Millstone Hotel BB2 7JR for a walk around Mellor. NOTE the DATE. See page 6.	3 rd Tues
Poetry	June 12th	2pm	Roy Gonsalves rmgonsalves1953 @outlook.com	Meet at The Trinity Hub. 'Journeys.'	2 nd Fri
Science and Scientific Enlightenment	June 17th	!0am	David Grimes davidgrimes1@mac.com 01254 240707	Meet at The Trinity Hub. Ruth Sharratt 'Life in the Marine Enviroment'.	3 rd Wed
Scottish Country Dancing	June 10th	2pm	Sandra Marshall 07968 675419	Meet at Pendleton Village Hall.	2 nd Wed
Singing For Pleasure	June 2nd/ 16th	10am	Denise Hayton 07779 915392 u3aclitheroe@icloud.com	Meet at West Bradford Village Hall.	1 st /3 rd Tues
Strollers	June 22nd	10.45am	In need of convenors	Meet at Downham Village Car Park. See page 6.	4 th Mon
Table Tennis	June 25th	1-3pm	Janet Elliott 01254 248106 Jkelliott108@gmail.com'	Meet at The Trinity Hub.	4 th Thurs

Main Meeting on Tuesday June 16th at The Old School
Rooms and Assembly Hall Lowergate BB7 1AD

NOTE the change of DATE

1.15pm onwards for Refreshments



A presentation
by Colin Penny.

Was the magistrate Roger Nowell the driving force behind the prosecution of the Lancashire Witches, or might it have been Cuthbert the Bad?

Colin will reveal all in his talk on the life and times of Cuthbert the Bad.

Group	Date	Time	Group Convenor	Information	How often
Trekking into the Past	June 26th	10.15am	Ron Loebell 01200 374094	Meet on the grassy area near Sainsbury's bus stop in Clitheroe. See Page 6.	Last Friday
Walking Group	June 26th	10.15am	Terri Fisk 07791 686967 Tafisk29@gmail.com	Meet on Brookes Lane, Whalley BB7 9SN for a circular walk towards Read Hall. See Page 6.	Last Friday
Wine Appreciation	June 18th	3pm	Christine Snape clitheroechristine@gmail.com	Meet at Christine's Home. Members presentations Sue Walton -Viognier John Hill - Gamay Please bring cheese and biscuits.	3 rd Thurs

Group Information

Walking Group

See you at 10.15 for a 10.30 am start.

Meet on Brookes Lane, Whalley .BB7 9SN for a 5 1/2 mile circular route taking in Whalley Golf Club then on to Read Hall and down to the Game Cock on Accrington Road for some lunch. Afterwards over The Nab and back down a steep path into Whalley.

Group Convenor: Terri Fisk – 07791 686967. tafisk29@gmail.com

Strollers Group.

Meet at Downham village public car park June 22nd 10.45 for 11am start.

A gentle circular 3 mile stroll round the outskirts of Downham along fields, farm tracks and minor roads with views of Pendle.

Lunch optional at the Assheton Arms 1pm. Contact Ann 07768322125 or Wendy 07964802433 for more details.

Plodders Group.

Meet at The Millstone Hotel, Mellor on **June 9th** at 10.15 for a circular walk around Mellor. Coffee afterwards in The Millstone if you would like.

marjorietaylor@hotmail.co.uk

Trekking into the Past

Meet at the grassy area between Moor Lane and Queensway. ie. The small field near Sainsbury bus stop, opposite the food take away shops in Clitheroe.

Meet 10.15 for 10.30 start.

Allow 2 hrs parking, walk about 1. 1/2 hrs.

Taking in Old buildings, pubs, Roman road and mills etc..

Group Convenor: Ron Loebell – 01200 374094

GROUP FOCUS – BOARD GAMES



Want to stretch your brain but fed up with crosswords and Sudoku?? Try your hand at Upwords or Rummikub at the Board Games group! Enjoy

making new friends in an informal atmosphere whilst keeping those little grey cells active!

Contact Lesley Charnley (01200 538476) for more information

Join us for our
Summer
Lunch

£25

Tuesday July 14th 12.00 for 12.30
2 Courses + Tea /Coffee
+ Entertainment



Contact: Gill Kilbey 07840 882775.

As in line with payments for all u3a events please pay by card or BACS.

Summer Lunch 2026

Longridge Golf Club
Forty Acre Lane, LONGRIDGE PR3 TU
Tuesday 14th JULY
12 noon for 12.30.
Entertainment



Please ensure that you receive a ticket and retain it as proof of payment.

Name

Address

Contact number

£25

Please pay at the May or June Main Event by Card. Forms must be returned by **July 3rd**, after which cancellations will be non-refundable.
Gill Kilbey 07840882775.
11 St Mary's Drive,
LANGHO. BB6 8DL

Pay by BACS
Lloyds Bank
Account Name. **Clitheroe u3a Third Age Trust**
Sort Code **30-90-89**
Account Number **40457160**
Ref: **Summer Lunch + Surname + Initials**

Please indicate choices by putting a cross for a main course and a dessert.
Please inform us of any special dietary requirements (e.g. gluten free).

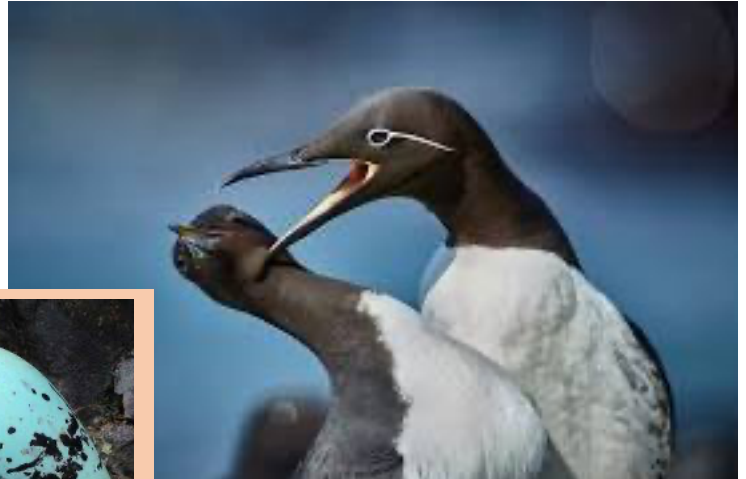
MAIN COURSES

DESSERTS

- Slow cooked Roast Beef
Served with home-made gravy, roast potatoes and fresh vegetables.
- Fish Pie
Served with fresh vegetables.
- Stuffed Peppers
Served with a fresh green salad.

- Apple Crumble
and custard.
- Raspberry Meringue
and Ice Cream.
- Cheese and Biscuits.

Followed by Tea/Coffee and Mince Pies



The common Guillemot - *Uria aalge*

Now is an exciting time to visit the seabird colonies where they are nesting on the steep, coastal cliffs and stacks, such as South Stack on Anglesey, Pembrokeshire and Bempton cliffs near Bridlington. These colonies, usually dominated by the Guillemots and Kittiwakes are very crowded and noisy, the Guillemots making their raucous 'ha ha ha' call. They have a single egg, laid on a bare ledge. It is pear-shaped to prevent its rolling off and the adult incubates it standing up.

In appearance, seen from a distance, the Guillemot can look very similar to the Razorbill. The Guillemot has a dark brown head and back, white underparts with variable streaks on the flanks. Its bill is long, slender, black and dagger-like. A proportion of Guillemots, the 'bridled' variety, have a white line along the side of the head from the dark eye. The Razorbill is more black than the Guillemot and has a distinctive shorter, deeper bill, black with white lines. Guillemots fly fast and low, sweeping up to land on the nesting ledge. They swim offshore in large rafts, diving deep to catch fish.

When the young are three weeks old, still unable to fly, they are encouraged to jump from the cliffs into the sea. This is a dramatic, heart-wrenching descent to watch as the jumplings bounce off the rocks on their way down. From then on, they are tended and fed by the males as they make their way, swimming out into the open sea.

In the Winter, they are seen inshore only during gales. Their lifespan is ten to twenty years and their numbers are secure.

Gill Cameron

GROUP FOCUS

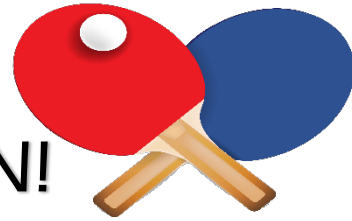


TABLE TENNIS FOR FUN!

Flex those muscles!

Improve hand/eye coordination!

Rediscover that competitive spirit!

Enjoy some friendly banter!

Make new friends! All equipment is provided.

Join the group on the 4th Thursday of the month at Trinity Hub.

Contact Janet Elliot (jkelliot108@gmail.com) for more information.

Bus Pass Group.

Clitheroe to Skipton Wed June 24th.

Meet at Clitheroe Interchange to get the 280 bus at 10.09 to Skipton.

Arrive at 11.04 in Skipton.

Maybe walk to the Town Hall to view the exhibitions.

Buses back to Clitheroe are:-

14.15, 15.15 or 16.10 whichever you would like.

Cansta Workshop for Beginners

MONDAY, 15TH JUNE AT 2P.M.

AT SANDRA MARSHALL'S HOUSE 23,
CROASDALE DRIVE, CLITHEROE BB7 1LQ

BE VERY CAREFUL AS IT CAN BECOME
ADDICTIVE!!

£2 TO PAY ON THE DAY

TO BOOK PHONE OR TEXT CHRISTINE ON
07896877690



A Huge Thank You to Clitheroe U3A

For helping Medical Detection Dogs to
train more dogs to save and change
lives, by kindly raising and donating:

£175

01296 655888 | www.medicaldetectiondogs.org.uk



Registered Charity in England and Wales No. 1124533
and in Scotland No. SC044434

Medical 
Detection Dogs

Patron: HM The Queen

OPEN GARDENS WEEKEND

Spectacular Gardenscapes in the Ribble Valley

Grindleton • Sawley • Bolton-by-Bowland • Gisburn

Saturday 20th & Sunday 21st June

11:00am – 5:00pm

£7.50pp • Children Free • Maps Available in Each Village

Homenade Refreshments

CHARITY PLANT STALL

Charity Plant Stall

Beautiful Gardens & Ideas



Monthly Interactive Sessions 'Dealing with fires in our homes'

There will be one more session coming up on Thursday 25 June, starting at 1:30 in:

Whalley Methodist's Community Room
80 King Street,
Whalley
BB7 9SN
[Opposite Whalley Post Office]

Caroline Griffith of Lancashire Fire and Rescue Services will be talking about preventing fires in the home, and how to deal with fire if it happens.

Coffee, tea and biscuits will be available at the beginning of each session with a voluntary donation box.

So that I can arrange the room, and provide enough refreshments, please let me know if you intend to join us ~ email jacquiemelia@gmail.com

Please note that there will be no 'Interactive Sessions' during the summer but they will recommence on 29 October.

Jacque Melia May 2026

Lunch with Friends.

Our June Lunch at The Mytton Fold Hotel on Thursday June 4th is now **FULLY BOOKED.**

There won't be any meeting in July as I'm sure we will all be at the Main Summer Lunch.

Our next meeting will be Thursday August 6th hosted by Christina Halstead at THE LOOM LOFT BISTRO, Clitheroe BB79FL

Details and menus available shortly

Any queries to Ann Ward

topgm@hotmail.co.uk

Important Notice

Important Notice - Future payments to Treasurer by BACS and Card

In January the Post Office decided it would no longer accept payments into our u3a Bank Account with Lloyds Bank. This has created considerable difficulties for us in paying cash and cheques into our Bank Account.

The Committee has therefore decided that

in future all payments to our Treasurer must be by Bank transfer or card payment.

For payments by BACS our Bank details are

Account name: U3A Clitheroe Third Age Trust

Sort Code: 30-90-89

Account number: 40457160

You **must put** your **surname and initial and any reference supplied** to help Christine, our Treasurer, identify who has made the payment and to what it relates.

In addition, it helps her enormously, if you would also email her when you have paid with copy to the Organiser (if any) giving her a breakdown of the payment so it can be properly allocated in our accounts. (treasureru3aclitheroe@outlook.com)

We do hope you will understand why the Treasurer will no longer accept cash and cheques.

Note: You will still be able to pay for attendance at group meetings in cash if that is the usual arrangement and the Convenor will pay an amount equal to that collected into our account by BACS,

Have you anything to contribute to the NewsFlash? We would like all our members to contribute. Anything that interests you, short pieces are fine.

Text should be sent as Word Documents, or just within an email rather than attachments. Illustrations or photographs are best sent separate from text, in jpg format.

July NewsFlash deadline: June 22nd. Please send contributions by email to the Editor Robin Taylor
newsflasheditoru3aclitheroe@outlook.com

Clitheroe u3a Officers and Committee 2026/27

Chair:	Maureen Pickup		clitheroeu3achair@gmail.com
Vice Chair:	Jacque Melia		jacquiemelia@gmail.com
Secretary:	Janet Rees		secretaryu3aclitheroe@outlook.com
Treasurer:	Christine Snape	07896 877690	treasureru3aclitheroe@outlook.com

Committee Members

Groups Co-ordinator:	Denise Hayton	u3aclitheroe@icloud.com
Committee Members:	Su Penson , Ann Ward.	
Co-opted Members:	Jenny Bank, Ruth Mason, Jenny Pek	

Committee Support Team

Membership secretary:	David Grimes, 01254 240707,	davidgrimes1@mac.com
Newsletter editor:	Robin Taylor, 01254 249897,	newsflasheditoru3aclitheroe@outlook.com
Speakers Secretary:	John Wilson	john.speakersec@yahoo.com
ICT Support Team:	Jonathan Pickup	jon.pickup55@gmail.com
	Brian Hudson	mail@abhudson.co.uk
Publicity Officer:		
Refreshments	Liz Wolstenholme and Sue Monk	
Special Events:	Gill Kilbey, Liz Wolstenholme, Marjorie Taylor	
Webmaster:	Frank Taylor	frankhtaylor@yahoo.co.uk