u3a Clitheroe NewsFlash

Registered Charity No: 1082254

The Newsletter of u3a Clitheroe October

Website: http://u3asites.org.uk/clitheroe

u3a Clitheroe

Monthly Coffee Club

All welcome!

- Meet other members
- Find out more about our u3a

Join us for a relaxed cuppa and friendly conversation.
A great way to discover new groups,
and enjoy our u3a community.

Date: Friday 16th October

Time: 10.00 – 12.00

Venue Barrow Village Hall
Old Row, Whalley Rd,
Barrow BB7 9AZ



u3a learn, laugh, live

Group Schedule for OCTOBER

	1	Thursday	2pm	German
	1	Thursday	Noon	Lunch with Friends
	2	Friday	2pm	Garden
	5	Monday	2pm	Music Appreciation
	6	Tuesday	10am	Singing for Pleasure
	7	Wednesday	2pm	Architecture
	7	Wednesday	10am	Circle Dancing
	8	Thursday	2pm	Discussion
	9	Friday	2pm	Poetry
	9	Friday	10.15am	Bus Pass
	12	Monday	2pm	Photography
	13	Tuesday	1.30pm	MAIN MEETING
	14	Wednesday	2pm	Scottish Country Dancing
	15	Thursday	3pm	Wine appreciation
	16	Friday	10.00am	Coffee Club
	20	Tuesday	10.15am	Plodders
	20	Tuesday	2pm	French conversation
	20	Tuesday	10am	Singing for Pleasure
	20	Tuesday	2pm	Canasta
	21	Wednesday	2pm	Geology
	21	Wednesday	10am	Science & Scientific Enlightenment
	21	Wednesday	10am	Circle Dancing
	21	Wednesday	2pm	Board Games
	21	Wednesday	2pm	History
		Wednesday	2pm	Genealogy
	22	Thursday	2pm	Book Discussion 1
	22	Thursday	1pm	Table Tennis
	22	Thursday	7pm	Food & Wine
	23	Friday	10.30am	Walking
	26	Monday	10.45am	Strollers
	26	Monday	1.00pm	Play Reading
		Tuesday	2pm	Craft
	27	Tuesday	2pm	Art Appreciation
	30	Friday	10.15am	Trekking into the past
		RED	**MEANS**	**NO MEETING IN OCTOBER**

October Meetings

Activity Group	Date	Time	Group Convenor	Information	How often
Architecture	Oct 7th	2pm	Paul Fisher 07874 696374	Meet at Trinity Hub. Venice Buildings by Joanne Wilson and Jenny Grimes.	1st Wed
Art Appreciation	Oct 27th	2pm	Ann Ward topgm@hotmail.co.uk	Meet at WBVH. POP-ART by Members of the Visual Arts Group Yvonne Lyon and Elizabeth McKenzie.	4th Tues
Board Games	Oct 21st	2pm	Lesley Charnley 01200 538476 lwcharnley@gmail.com	Meet at Convenor's Home. 1 Meadowlands, Low Moor, Clitheroe BB7 2ND.	3rd Wed
Book Discussion 1	Oct 22nd	2pm	Ann Yates ann.yates01@gmail.com Denise Hayton u3aclitheroe@icloud.com	Meet at Clitheroe Library. Plannjng for 2027. No book.	4th Thurs
NEW Book Discssion 2 Historical Fiction	**Jan 28th 2027**	11.00 am	Elaine Sargeson Elaine.sargeson@ btinternet.com **Please contact Elaine to express your interest**	Meet at Clitheroe Library NEW Book. Discussion 2, See Page	4th Thurs
Canasta	Oct 20th	2 pm	Christine Snape clitheroechristine@gmail.com	NEW… Meet at Barrow Village Hall. Please bring a drink. Scones provided	3rd Tues
Circle Dancing	Oct 7th/ 21st	10 am	Sally Maxwell 01772 379926	Meet at Pendleton Village Hall.	1st /3rd Wed
Craft		2pm	Sandra Marshall 07968 675419 sandra23marshall@gmail.com	No Meeting in October.	Usually 4th Tues
Discussion Group 1 Group 2	Oct 8th	2pm	Susan Duckworth susanduckworth47 @gmail.com John Wilson john.eardswick@yahoo.co.uk	Meet at Whalley Old Grammar School.	2nd Thurs
Food and Wine	Oct 22nd	7pm	Gill Kilbey 07840 882775	Meet at David and Jenny's home. 'Game'	4th Thurs
French Conversation	Oct 20th	2pm	Ann Connell 07568 172854 shudbtaylor@yahoo.co.uk	Meet at Whalley Methodist Church in the Pendle room. Entrance down the left side of the Church.	3rd Tues
Garden Group	Oct 2nd	2pm	Jenny Grimes jennygrimes46@icloud.com	Meet at Trinity Hub. .Gardens visited during the summer.	1st Fri

Group	Date	Time	Group Convenor	Information	How often
Genealogy			Marianne Wilson mrsmariannewilson@gmail.com	Meet at WBVH. No Meeting in October	Usually 4th Tues
Geology	**Oct 21st**	**2.30pm**	Frank Taylor frankhtaylor@yahoo.co.uk 07952 720778	Meet at WBVH, **Note… Time/Date Change.** Geology Updates and on into the Carboniferous .	Usually 2nd Wed
German Conversation	Oct 1st	2pm	Denis Cassidy 01254 822345. David Grimes davidgrimes1@mac.com	Meet at the home of David Grimes. .	1st Thurs
History	Oct 28th	2pm	Hazel Best hazelbest@gmail.com 01200 426756	Meet at WBVH. Memorable Historic Visits. Members' Contributions.	4th Wed
Lunch with Friends	Oct 1st	Noon for 12.30pm	Ann Ward topgm@hotmail.co.uk	The October venue is The Eagle at Barrow. Contact: paul.f.brown1@ gmail.com	1st Thurs
Music Appreciation	Oct 5th	2pm	Frank Robinson bb7u3amusic@btinternet.com	Meet at WBVH for a presentation on Kathleen Ferrier by Judith Marr.	1st Mon
Photography	Oct 12th	2pm	Francis Garner 07477 626772.	Meet at Barrow Village Hall. Holiday Photographs.	2nd Mon
Play Reading	Oct 26th	1pm for 1.15pm	Kate Hamlin 07732 721963 Helen Coles 07835 920887	Meet at Whalley Old Grammar School.	4th Mon
Plodders	Oct 20th	10.15 am	Marjorie Taylor 07716192447 marjorietaylor@hotmail.co.uk	Meet by the Cemetary on Waddington Road for a walk around Brungerley Park. See Page 6	3rd Tues
Poetry	Oct 9th	2pm	Roy Gonsalves rmgonsalves1953 @outlook.com	Meey at Trinity Hub. 'School Days.'	2nd Fri
Science and Scientific Enlightenment	Oct 21st	!0am	David Grimes davidgrimes1@mac.com 01254 240707	Meet at Trinity Hub Judith Marr 'Bletchley Park	3rd Wed
Scottish Country Dancing	Oct 14th	2pm	Sandra Marshall 07968 675419	Meet at Pendleton Village Hall..	2nd Wed
Singing For Pleasure	Oct 6th/ 20th	10am	Denise Hayton 07779 915392 u3aclitheroe@icloud.com	Meet at West Bradford Village Hall.	1st/3rd Tues
Strollers	Oct 26th	10.45am	Mike Halliwell	"details of stroll later depending on conditions"	4th Mon
Table Tennis	Oct 22nd	1-3pm	Janet Elliott 01254 248106 Jkelliott108@gmail.com'	Meet at Trinity Hub	4th Thurs

Main Meeting on Tuesday October 13th at The Old School Rooms and Assembly Hall Lowergate BB7 1AD

1.15pm onwards for Refreshments

'From Barrow to Baghdad and back again with Philip Caine'



Philip's work has taken him to many countries around the world, the last 10 years of which were spent in the Middle East.

Since retiring in 2015, he has become a novelist and guest speaker and will tell us how a career that began in Barrow in Furness, ended in Baghdad.'

Group	Date	Time	Group Convenor	Information	How often
Trekking into the Past	Oct 30th	10.15am	Ron Loebell 01200 374094	Meet on The Calf's Head Car Park. See Page 6.	Last Friday
Walking Group	**Oct 23rd**	10.30 for 10.45am	Terri Fisk 07791 686967 Tafisk29@gmail.com	Meet at the junction of Henthorn Road and Blakewater Road. See Page 6.	Usually Last Friday
Wine Appreciation	Oct 15th	3pm	Christine Snape clitheroechristine@gmail.com	Meet at Christine's Home. Member's presentations. Please bring cheese and biscuits.	3rd Thurs

Group Information

Walking Group

Meet At the Junction of Henthorn Road and Blakewater Road in Clitheroe.
NOTE - October 23rd at 10.30 for a 10.15 start for a walk towards Mitton on one side of the river returning on the other for lunch at The Edisford Bridge Pub. Then returning to Henthorn Road…… Approx 5 1/2 Miles.
Group Convenor: Terri Fisk – 07791 686967. tafisk29@gmail.com

Strollers Group.

October 26th 10.45
"details of stroll later depending on conditions"
-Mike Halliwell

Plodders Group.

Meet near the cemetary on Waddington Road Clitheroe for a stroll through Brungerly Park.
October 20th 10.15 for 10.30.
Group Convenor…. Marjorie Taylor
marjorietaylor@hotmail.co.uk

Trekking into the Past

Worston Village Tour

Meet at The Calf's Head Worston where there is permission to park on the Car Park on October 30th at 10.15 for a 10.30 start.
A walk around The Old Village with lots of interesting History, about 1 1/4 miles
For more information….. Group Convenor: Ron Loebell – 01200 374094

Southport u3a visit

On Wednesday September 23rd members from Southport u3a History Group visited Clitheroe to learn more about it's History. They were met by Ron Loebell at 10am with some of our members to help, Ron gave a brief account of the RVBC offices and then the buildings on Church St. with reference to the Moot Hall Council Offices and old Police Station. The party then went to the library to see the many historical items including a rare visit to the Police Cells. This tour was given by Chris Jowett of the Library services.
After lunch at The Swan and Royal, some members went to the Castle Museum, whilst others explored Clitheroe shops. There was just time for coffee before departure at 4pm.
Many new friendships were made as well as an invitation for us to go to Southport.
Ron Loebell





Yes, we enjoyed our Clitheroe day, Please thank Ron and your other Clitheroe U3A Members who very kindly joined our members for the guided tour and also at lunch at the Swan & Royal which went very well - no complaints about the food there at all ! Myra, Helen and I , hope that sometime next year we can host a return visit from your Clitheroe members at Southport and show you some of the sights here !
As you'll know yourselves, group leaders sometime have to deal with the unexpected (!) - and just after we said our farewells to Ron and our coach was about to set off , one of our members realised she had lost her brand new phone somewhere during the afternoon !! Luckily when Myra rang her phone , it was answered by staff in the pub around the corner and some lovely Clitheroe school children had found it where she had dropped it on the street outside and handed it in ! The lady was so relieved and we were so impressed with their honesty - so a lovely end to our day out to Clitheroe.
Jessica Wright – Southport u3a

u3a Clitheroe

Saturday October 17th

? Quiz Night?

Supper included.

Bring your own drinks

Thanks to all convenors who have sent in their questions to be included in our u3a Quiz. There's still time to add some....

Extras can be sent to: newsflasheditoru3aclitheroe@outlook.com

See you all at

Pendleton Village Hall.

For Tickets..... 07716 192447

or 07840 882775

u3a Cluster Group Access

Did you know?

As part of our local u3a Cluster Group, **all our members are welcome to attend groups, talks and activities at the other u3as in our cluster — just as if you were a member there.**

Our Cluster Group includes:

• Longridge u3a • Hyndburn u3a • Todmorden u3a

• Burnley u3a • West Pennine Villages u3a

Exploring activities across the cluster is a great way to discover new interests, meet more people, and enjoy an even wider range of u3a opportunities.

Check out their websites for more information.

Mid-Month Meanders!

This new group met in September for a meander around the Downham area. It was a lovely sunny day and after the walk, there was time to socialise over a bevvy in the Assheton Arms!

OCTOBER'S Meander

OCTOBER 9TH 9.30am meet at Waddington Arms BB7 3HP.
Moderate Walk 4.3 miles 3hrs, 160m ascent, slightly muddy in places.



Mid-Month Meanders walk between 3.5 and 5.5 miles, over varied terrain. Meet 9.30am
The next meanders are on:
OCTOBER 9TH Waddington
NOVEMBER 13TH Simonstone
DECEMBER 11TH Clitheroe
Contact Paul Fourie:
pfourie@hotmail.co.uk
All u3a members are welcome.



Fashion

Fashion in Art II

This course will cover fashion from 17th century to the early 20th., and will include examining fashion plates and portraits, and exploring satirical cartoons and photography.
The flamboyant costumes of the Cavaliers and the sober dressing of the English Puritans will be our starting point. This will be followed by the *'Fashionable Influencers'* of the Georgian Era, where big hats and neat ankles were the order of the day. We will review two Dutch artists with their representations of everyday life and the massive influence of the French court and later, the French Empire. Finally, we will look at early photography as it replaces the fashion plates in popular magazines.
There will be sharing sessions (think big hats), and opportunities for individual presentations on subjects as diverse as *'Restoration Courtiers'*, *'Georgian Duchesses'* and *'Silent Movie Stars'*.
This six-session course will be delivered on the first Wednesday of each month, from 11.00am to 1.00pm. The first session will take place on 4 November in Room 2 at Trinity Methodist Church and Community Hub. The cost for the course is £20 payable on Registration.
If you wish to participate, please contact me by email at jacquiemelia@gmail.com

Jacquie Melia
October 2026

NEW GROUP

BOOK DISCUSSION 2 HISTORICAL FICTION

We're aiming to start a new book group in January 2027, meeting on the 4th Thursday of each month from 11.00-12.30 in Clitheroe Library. The focus will be on reading and discussing historical fiction, including writers such as Ken Follett, Philippa Gregory, Laura Shepherd-Robinson and many more. To find out more and/or express your interest, please email group convenor Elaine Sargeson at elaine.sargeson@btinternet.com

LUNCH WITH FRIENDS

Ye Old Sparrow Hawk at Fence

152 Wheatley Lane, BB12 9QG

Thursday, 5th November 12 noon meet for 12.30 to dine.
Impressive building with stained glass dome.

Menu available at the October meeting.

NEW GROUP

NEW HISTORY RESEARCH GROUP

Following a meeting held to ascertain interest, the first meeting of the group will be….

MONDAY 19TH OCTOBER 2.00 PM
WEST BRADFORD VILLAGE HALL

If you were unable to attend the previous meeting but wish to join us please come along to see if it is for you.
You will need note books and a devise to access the Internet.(I find a smart phone adequate)
1) We will look at how to undertake original research using primary and secondary sources. No previous experience necessary but experience to share would be very welcome also.
2) Choose a topic or move towards finalising a choice from the many ranging from ,food and drink clothing,home necessities agriculture ,birth death and marriage, arms and militaria etc.etc.
We will be basing our work on the unique STEWARDS ACCOUNTS OF THE SHUTTLEWORTHS OF 1582 TO 1621 AT SMITHILLS HALL AND GAWTHORPE HALL There are detailed accounts for the building and the Artisan builders of Gawthorpe which should interest students of Architecture.
For further information contact:-
Ann Ward
topgm@hotmail.co.uk

A warm welcome to New Members

Sylvia Ragnall, Peter Gooder, Paul Fourie, Jonathan Wright, Anne Wright,Margaret Bradley, Marian Stackhouse, Eric Driver, Glenys Driver, Margaret Bradley, Michael Halliwell, Maria Quinn, John Young, and Malcolm Harrison.

Interactive Sessions

2026/27



Dates for Your Diary

Please note the forthcoming sessions, all starting at 1:30pm at:

Whalley Methodist's Community Room
80 King Street,
Whalley
BB7 9SN
[Opposite Whalley Post Office]

Understanding Dementia **Thursday October 29th 1.30pm**

Presented by **Nazia Khan, Health Manager of the Dementia Friendly Society**

If you have not already contacted Jacquie and you intend to attend please let her know by email - jacquiemelia@gmail.com

Thursday 26 November ~ The Role of Age UK
Anne Oliver, Community Engagement Manager will be talking about how their specialist team of advisors provide vital support and expert advice for older people

No session in December

- **Thursday 28 January ~ Dealing with Fires in Our Homes**
  Caroline Griffith of Lancashire Fire and Rescue Services will be talking about preventing fires in the home and how to deal with fire if it happens.

- **Thursday 25 February ~ Hearing Health**
  Bee Iqbal, Audiologist will be talking about coping with age-related hearing loss, or presbycusis, which is a common condition that affects many older adults.

Coffee, tea and biscuits will be available at the beginning of each session with a voluntary donation box.

So that I can arrange the room, and provide enough refreshments, please let me know if you intend to join us for any, or all, of these sessions ~ email at jacquiemelia@gmail.com.

Jacquie Melia
July 2026

Getting creative!!

Ten u3a members recently attended a lino printing workshop run by the Visual Arts Group. Most were trying something completely new and out of their comfort zone!
They learnt the basics of the craft and practised their skills before producing some very acceptable pieces of artwork. Everyone went away with a smile on their face and several said they would have a go at home!





The Little Owl – Athene noctua

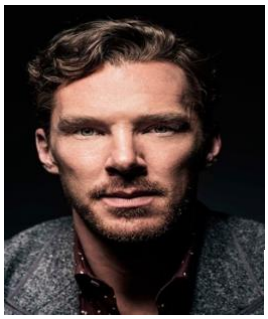
Whenever I have spotted a Little Owl, it has always been a surprise, partly because I don't expect to see an owl in daylight and also because it is so small that it could be taken for a more common bird such as a thrush. They live in varied terrain: farmland, parks, open meadows, rocky slopes, vineyards and copses. I have seen one perched on on a stone wall near the coast in Anglesey, half-hidden in a conifer on Longridge fell and sitting on the branch of an oak tree next to a country lane.

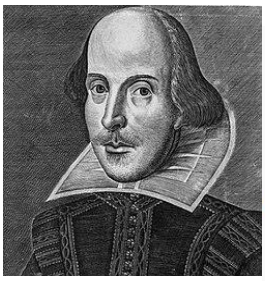
The Little Owl has a squat, rounded shape with a broad, flat head and a short tail. Its back is liver brown with creamy buff spots and it has a pale chest with wavy brown streaks. The eyes are yellow and it has white eyebrows which give it rather a stern expression.

The Little Owl was introduced into Britain in the nineteenth century and is now quite widespread across England and parts of Wales. It hunts at dusk, mostly taking small rodents, small birds, large insects and worms. It lives in family groups and has a lifespan of up to ten years. The population is currently in decline due to changes in farming and loss of prey.

It is fairly uncommon to see a Little Owl because of its small size and camouflage against the bark of a tree.

Gill Cameron







Any budding thespians out there?

Clitheroe u3a has a playreading group!

Meeting on the 4th Monday of the month, members read a script with as much gusto and dramatic effect as they can muster. Scripts cover a variety of genres and there is always much fun and laughter!

Interested? Contact Helen Coles (07835 920887) or Kate Hamlin (07732 721963) for further details about time and venue.



Bus Pass Group

The last trip until next Spring will a Bus Pass journey on Friday October 9th.
It is a trip to Lytham by 2 buses.
Meet at Clitheroe Interchange for the first bus, the 280 leaving at 10.00 for Preston, followed by the 11.10 from Preston to Lytham.
There is a return from Lytham at 14.08 or 15.00.
Marjorie Taylor 07716 192447

Our Ceilidh 2026



Come and join all your friends for a Ceilidh evening on Sat November 14th at Pendleton Village Hall.



Bring your own Drinks.
7pm-10pm.
Tickets **£10** including Supper.
----- Can't Dance!! Not a problem
Just come to enjoy the music and food.

Clitheroe u3a Officers and Committee 2026/27

Chair:	Maureen Pickup		clitheroeu3achair@gmail.com
Vice Chair:	Jacquie Melia		jacquiemelia@gmail.com
Secretary:	Janet Rees		secretaryu3aclitheroe@outlook.com
Treasurer:	Christine Snape	07896 877690	treasureru3aclitheroe@outlook.com

Committee Members

Groups Co-ordinator:	Denise Hayton	u3aclitheroe@icloud.com
Committee Members:	Su Penson , Ann Ward.	
Co-opted Members:	Jenny Bank, Ruth Mason, Jenny Pek	

Committee Support Team

Membership secretary:	David Grimes, 01254 240707,	davidgrimes1@mac.com
Newsletter editor:	Robin Taylor, 01254 249897,	newsflasheditoru3aclitheroe@outlook.com
Speakers Secretary:	John Wilson	john.speakersec@yahoo.com
ICT Support Team:	Jonathan Pickup	jon.pickup55@gmail.com
	Brian Hudson	mail@abhudson.co.uk
Publicity Officer:		
Refreshments	Liz Wolstenholme and Sue Monk	
Special Events:	Gill Kilbey, Liz Wolstenholme, Marjorie Taylor	
Webmaster:	Frank Taylor	frankhtaylor@yahoo.co.uk